

Space for God Seeking Healing

PREPARATION

-In the name of the Father, the Son, and the Holy Spirit-
My health may fail, and my spirit may grow weak,
but God remains the strength of my heart;
he is mine forever. -Amen- Psalm 73:26

CONFESSION

O Lord, don't rebuke me in your anger
or discipline me in your rage.
Have compassion on me, Lord, for I am weak.
Heal me, Lord, for my bones are in agony.
I am sick at heart.
How long, O Lord, until you restore me? Psalm 6:1-3

ADORATION & GRATITUDE

"Lord, help!" they cried in their trouble,
and he saved them from their distress.
He sent out his word and healed them,
snatching them from the door of death.
Let them praise the Lord for his great love
and for the wonderful things he has done for them.
Psalm 107:19-21

MEDITATION & CONTEMPLATION—Mark 1:29-39

After Jesus left the synagogue with James and John, they went to Simon and Andrew's home. Now Simon's mother-in-law was sick in bed with a high fever. They told Jesus about her right away. So he went to her bedside, took her by the hand, and helped her sit up. Then the fever left her, and she prepared a meal for them.

That evening after sunset, many sick and demon-possessed people were brought to Jesus. The whole town gathered at the door to watch. So Jesus healed many people who were sick with various diseases, and he cast out many demons. But because the demons knew who he was, he did not allow

IN SOLITUDE AND/OR COMMUNITY	
Read	Slowly, several times.
Reflect	What does the text say?
Respond	How does it relate to my life?
Rest	I welcome God's healing and renewal.

them to speak.

Before daybreak the next morning,
Jesus got up and went out to an isolated place to pray. Later Simon and the others went out to find him.

When they found him, they said, "Everyone is looking for you."

But Jesus replied, "We must go on to other towns as well, and I will preach to them, too. That is why I came." So he traveled throughout the region of Galilee, preaching in the synagogues and casting out demons.

ANCHORING PRAYER

Jehovah-Rapha, heal me.

REVIEW OF THE HEART

What miraculous healing have I witnessed recently?
What physical, spiritual, or emotional illness would I like to see healed?

WISDOM

After this prayer, the meeting place shook, and they were all filled with the Holy Spirit. Then they preached the word of God with boldness. Acts 4:31

"The more we allow ourselves to personally experience sanctification by faith, the more we also experience healing by faith. These two doctrines walk together. The more the Spirit of God lives and acts in the soul of believers, the more miracles He will work in the body. By this, the world will recognize what redemption means." —Andrew Murray

TESTIMONY

What is God saying to me/us?

INTERCESSION

Prayers for the Church, others, and me.

BENEDICTION

Whom have I in heaven but you?
I desire you more than anything on earth.
My health may fail, and my spirit may grow weak,
but God remains the strength of my heart;
he is mine forever.

-Amen-

Psalm 73:25-26

SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and

Speak and act from a listening heart.

Actively serve in community with others.