

# Space for God The One Thing Needed

## PREPARATION

*In the name of the Father, the Son, and the Holy Spirit.*  
Exalt the Lord our God! Bow low before his feet, for he is holy!  
Psalm 99:5

## WORSHIP

But let the godly rejoice. Let them be glad in God's presence.  
Let them be filled with joy.  
**Sing praises to God and to his name!**  
**Sing loud praises to him who rides the clouds.**  
**His name is the Lord—rejoice in his presence!**  
Psalm 68:3-4

## CONFESSION

Come, let us worship and bow down.  
**Let us kneel before the Lord our maker, for he is our God.**  
**We are the people he watches over, the flock under his care.**  
If only you would listen to his voice today!  
Psalm 95:6-7

## MEDITATION – Luke 10:38-42\*

As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. Her sister, Mary, sat at the Lord's feet, listening to what he taught. But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me."  
But the Lord said to her, "My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."

### IN SOLITUDE AND/OR COMMUNITY

Read      Slowly, several times.  
Reflect    What does the text say?  
Respond    How does it relate to my life?  
Rest        I welcome God's healing and renewal.

## ANCHORING PRAYER

*I am sitting at Your feet.*

## REVIEW OF THE HEART

*When did I last set aside everything just to listen to God?  
What distractions or anxious behaviour prevent me from listening to God?*

## WISDOM

Come and listen to what the Lord your God says.  
Joshua 3:9b

My child, listen and be wise: Keep your heart on the right course.  
Proverbs 23:19

Listen to me, you who know right from wrong, you who cherish my law in your hearts. Do not be afraid of people's scorn, nor fear their insults.  
Isaiah 51:7

## TESTIMONY *What is God saying to me?*

## INTERCESSION *Prayers for the Church, for others, and for me.*

## BENEDICTION

**Search me, O God, and know my heart;  
test me and know my anxious thoughts.  
Point out anything in me that offends you,  
and lead me along the path of everlasting life.**

**[Amen]**  
Psalm 139:23-24

### SPACE FOR GOD DAILY

Be still and quiet before God.  
Seek the Holy Spirit's filling and guidance.  
Speak and act from a listening heart.  
Actively serve in community with others.